

# SPA BREAKS

Re-light your inner fire & Escape for a couple of days and nights with a Spa Break in the Kentish countryside, chill with a massage in your own cabin in the woods on the edge of the grounds overlooking the rolling hills. Feel the energy flow through your body in the sauna, steam room & hydrotherapy pool. Let your worries float away in the warm relaxation pool...

MAY 08 - APRIL 09

## 2 Night, 3 Day Spa Break

£279.00 per person

based on two sharing a room.

## Midweek Summer Special - £259.00 per person

based on two sharing a room (Sunday—Thursday until 30 Sept 2008)

UPGRADE... Go on spoil yourself and upgrade to a fab 4-poster or sexy Suite for £40.00 & £70.00 per person more.

If you're coming on your own the Single Supplement is £99.00 (Why not ask a friend to come along and share the experience/cost?)

Your 2 night/3 day Spa Break will include - 2 nights in a standard or executive double/twin room with breakfast and a 3 course dinner on each evening, a 90 minute treatment package per person - choose below, and use of all leisure facilities all day on the day of arrival, throughout the stay and all day on the day of departure.

SPA TREATS – You Choose... What do you deserve? Choose one of the following... Remember it's an Hour and a Half and it's all about you...

### Chill

*Lose yourself - AN INDIAN HEAD MASSAGE & AROMATHERAPY MASSAGE*

An energizing massage, using ancient methods followed by a relaxing all over body massage using essential oils.

### Feel Alive

*Energise, Uplift, Restore - BODY BRUSHING & A HOLISTIC MASSAGE*

A Scandinavian technique to improve circulation finished with a stimulating all over body massage.

### De-Stress

*Feel the energy flow through your body - AN INDIAN HEAD MASSAGE, A BACK MASSAGE & A LOWER LEG AND FOOT MASSAGE*

An energizing head massage, using ancient methods then a soothing lower leg and foot massage finished with a stress relieving back, neck and shoulder massage.

### Shine

*Be Pampered - A PEDICURE & MANICURE*

File, cuticles tidied and paint with a Spa foot soak, removal of rough skin, file and cut, cuticle work, foot and leg massage and paint.

### Glow (for Him)

*Feel the years slip away... - A BACK MASSAGE & MEN'S FACIAL*

A stress relieving back, neck and shoulder massage followed by a Cleanse, steam, exfoliate, massage, masque, tone and moisture.

### Glow (for Her)

*You're Beautiful... - A MANICURE & FACIAL MASSAGE*

Nails filed, your cuticles tidied and a painted and then to your face for a cleanse, tone exfoliation, mask and moisture incorporating a steam and massage.

### Blow

*Feel the Tension Disappear... - A CLAY PIGEON SHOOTING session coached by our professional shooting instructor.*

Start with a safety briefing and explanation of how the guns works, followed by the techniques of the art of shotgun shooting.

Then shoot a practice round from different positions & finish with a competition round. Packages include 50 Cartridges and Clays for one person.

THIS SOUNDS LIKE MY CUP OF TEA I'D LIKE TO BOOK RIGHT NOW! Please quote 'Spa Break' on initial booking.

Email [spabreaks@wallettscourt.com](mailto:spabreaks@wallettscourt.com) or call 01304 852424 to book

### Boring Small Print:

Once you have planned your Spa Break and the treatment package you wish to enjoy, we do advise you to book as early as possible to avoid disappointment - weekends are sometimes booked up many weeks ahead! There are loads of additional treatments such as stone massages, waxing, body wraps, etc. that are not included in the 1 ½ hours of a Spa Break these may be taken at a further charge. See The Therapy Menu for more details. Terms & Conditions - This offer is available between 01/05/08 & 30/04/09 unless stated otherwise. Check-in to room from 2pm Day of Arrival. Checkout of room by 11am on Day of Departure. Spa Facilities may be used from 7am - 9pm on each day. Subject to availability.



WALLETT'S COURT

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